



## Meet Our UN Representatives: Regina Yuen

Regina Yuen is a registered nurse from Canada who began her career in an under-resourced emergency medicine department with a focus on trauma. Since then, she has developed her skills by working in public health in the Canadian Arctic, emergency management with the Canadian Red Cross, and with humanitarian organization Médecins Sans Frontières (Doctors Without Borders) as a nursing activity manager in the field.

Regina completed a Bachelor of Science in Nursing (Honors) at the University of Windsor, and a Master of Public Health at Johns Hopkins University, where she specialized in humanitarian health. She hopes to utilize her diverse experiences in nursing alongside her knowledge of policy, health systems strengthening, and health in emergencies to advance accessibility to health around the world. Regina is currently a member of the Tau Upsilon Chapter and was part of the executive board. In her spare time, Regina enjoys hiking, reading, and making pottery on the wheel.

Nurses advocate and make decisions for our clients every day. It is important to utilize evidence-based knowledge, compassion, and lived experiences to affect change and mobilize nurses worldwide. As nurses comprise nearly 50% of the healthcare workforce worldwide, it is crucial for nurses to be at the forefront of planning, developing, and implementing ideas to improve healthcare, health systems, and global health.

As a Sigma United Nations Youth Representative, Regina hopes to foster interdisciplinary and intersectoral collaboration to solve multifaceted problems and aspires to promote equity in global health through the Sustainable Development Goals (SDGs). Most importantly, she strives to advocate for nursing practice, knowledge, education, and leadership on the global stage.